



Dental injuries

Patient information



You have been advised by one of our doctors or nurse practitioners to see a dentist within _____

We do not have dentists on call at Sir Charles Gairdner Hospital.

For urgent advice, contact the Oral Health Centre of Western Australia's after-hours emergency advice service on 1800 098 818.

How to find a dentist



Make an appointment with your own dentist.



SCAN ME! 

Scan the QR code to find your local public dental clinic or phone (08) 9313 0555 to make an appointment.



SCAN ME! 

Scan the QR code to be taken to the Australian Dental Association's Find a dentist page and enter your suburb to find a list of dentists in your area.

The Oral health Centre of WA offers subsidised dental care subject to means testing.

Phone (08) 6457 4400 to see if you qualify.

- Emergency clinic runs 2pm to 5pm on Saturdays, Sundays and public holidays but appointments are required. Call (08) 6457 7626 between 1.30pm and 4.30pm.

Derbarl Yerrigan provides a free dental service to Aboriginal and Torres Strait Islander people who are regular patients of Derbarl GP clinics.

Call 1300 420 272 to make an appointment.

- Only open Monday to Friday until 5pm.

While waiting to see a dentist, do:



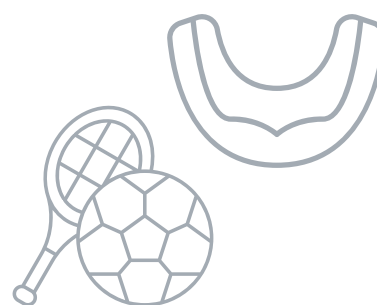
Brush your teeth and gums with chlorhexidine oral gel (Curasept®) using a soft toothbrush and rinse with chlorhexidine 0.2% mouth wash twice daily for five to seven days. You can buy this over the counter from any pharmacy.



Take painkillers as advised in the Emergency Department.



Eat a soft food diet (eg: soups, soft cooked or mashed vegies, baked beans, soft fruit such as bananas) for two weeks.



If your dental injury occurred while playing sport, consider wearing a custom-fitted sports mouthguard for future activities.

Do not:

- Eat or chew any sticky or chewy foods such as chewing gum, skittles, gummy bears, dried fruits or fruit rollups, thick and chewy bread or chewy meats.
- Avoid hot food and drinks.
- Avoid contact sports while healing.

Sir Charles Gairdner Hospital




 Hospital Ave, Nedlands WA 6009
 General enquiries (08) 6457 3333
 Hearing impaired (TTY) (08) 6457 3900
 scgh.health.wa.gov.au

© North Metropolitan Health Service 2024

Produced by the SCGOPHCG Infection Prevention and Management Unit



Osborne Park Hospital

 Osborne Place, Stirling WA 6021
 (08) 6457 3333
 oph.health.wa.gov.au



We are proud to be a smoke-free site. Thank you for not smoking or vaping.

This document can be made available in alternative formats on request.