# Personal Protective Equipment Sequence for Donning and Doffing

Sequence for donning PPE	
Perform Hand Hygiene	
<ul> <li>GOWN</li> <li>Select a long sleeved fluid repellant gown</li> <li>The gown must completely cover the torso from neck to knees, arms to end of wrists, and wrap around the back</li> <li>Secure ties at back of neck and side of waist</li> <li>If the gown is too small, use two gowns <ul> <li>gown one tie at the front, gown two ties at the back.</li> </ul> </li> </ul>	
<ul> <li>FLUID REPELLANT MASK OR P2(N95) RESPIRATOR</li> <li>Choose appropriate mask</li> <li>Ensure correct mask size is selected *</li> <li>Place over nose, mouth and chin</li> <li>Secure on head with ties or elastic bands</li> <li>Fit the flexible band over nose bridge</li> <li>Fit snug to face and below chin</li> </ul>	
<ul> <li>If mask is damaged, soiled or damp, leave Room, perform hand hygiene and change mask</li> <li>*P2 (N95) respirator N95 key points;</li> <li>Two sizes available – small and regular</li> <li>Perform fit-check each time a new mask is worn.</li> <li>Do not re-adjust mask once in patient's room</li> </ul>	
<ul> <li>PROTECTIVE EYE WEAR OR FULL FACE SHIELD</li> <li>Position over face and eyes and secure to the head</li> <li>Adjust to fit comfortably.</li> </ul>	
<ul> <li>GLOVES</li> <li>Select correct glove type and size</li> <li>Extend gloves to cover gown cuffs.</li> </ul>	

## Sequence for doffing PPE

## GLOVES

- The outside surface of gloves are considered contaminated
- Grasp outside of glove with opposite gloved hand; peel off
- Put removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist.
- Peel glove off from the inside over first glove Discard gloves into clinical waste bin.

#### **Perform Hand Hygiene**

#### GOWN

- Gown front and sleeves are considered contaminated
- Unfasten ties
- Peel gown away from neck and shoulders, touching inside of gown only
- Turn contaminated outside of the gown toward the inside
- Fold or roll into a bundle Discard gown into clinical waste bin

### Perform Hand Hygiene

#### PROTECTIVE EYE WEAR OR FACE SHIELD

- The outside of protective eye wear/face shield are considered contaminated.
- To remove, use only handle by head band or ear pieces
- Discard disposable full face shield into clinical waste bin.
- Reusable protective eye wear to be cleaned with a 2 in 1 detergent disinfectant wipe.

#### **Perform Hand Hygiene**

#### MASK / RESPIRATOR

- Front of mask/respirator is contaminated - DO NOT TOUCH
- Grasp the bottom, then top tie/elastics and remove

Discard mask/respirator into clinical waste bin











**Perform Hand Hygiene** 

