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	Surname:	URN:	
s Gairdner Hospital Withdrawal	Forename:		
Chart			

Sex: D.O.B.: WARD:......DATE:...../....../

GENERAL INSTRUCTIONS

This guideline is for use in the management of the symptoms of opiate withdrawal. It is based on widely used scoring systems and links scores with suggested doses of medication.

The drugs of choice are BUSCOPAN 10 to 20 mg BD. 20 CLONIDINE 5 to mq. and HYDROCHLORIDE starting at 1 mcg/kg up to 4 hourly and increase doses as required. They must be charted on the medication chart. Diazepam may be withheld when the patient is sedated. However keep in mind that the patient's condition can change rapidly.

If a drug other than diazepam is used for withdrawal please write clear dosing instructions in the clinical notes.

Consider multi-Vitamins.

Sir Charles Opiate '

Note:

- This guideline does not replace individual clinical judgement.
- This guideline is in accordance with Medical Services
- Use of this guideline is ultimately at the discretion of the treating doctor.
- Prescribing is the responsibility of the treating doctor. They may not choose to use the dosing regime as set out in this document. However they may still find the scoring system helpful.
- Medications prescribed must be charted on the standard hospital medication chart.

WHEN TO STOP THIS CHART:

This chart can be stopped when the patient has no symptoms after day 3.

EXAMPLE CHART TIME 00.60 11.00 13.00 TEMP BP 41° 240 TEMP 40° 230 39° 220 38° 210 37° 200 36° 190 BP 35° 180 34° 170 339 160 150 PULSE RATE 140 130 130 120 120 110 110 100 100 90 90 80 80 70 70 PULSE RATE -60 60 50 50 40 40 RESP RATE 20 24 SaO₂ % 96 95 Nausea, V 0 - nil vomiting &/or diarrhoea 1 - present V Agitation, V 0 - nil V Restlessness 1 - present &/or trembling Muscle &/or 0 - nil V V V abdominal 1 - present cramps Headache. V 0 - nil runny nose &/or runny eyes 1 - present V V V 0 - nil **Heart Pounding** 1 - present V V V V 0 - nil Sweating &/or pallor 1 - present TOTAL 0 3 3 Dose in mams DIAZEPAM 10 10 Dose 75 CLONIDINE Dose 75

Caution:

The signs of opiate withdrawal may mask the signs of other medical conditions Please keep this in mind when reviewing abnormal observations. Policies of activation of the Medical Emergency Team still apply.

BUSCOPAN

Dose

10

174270 1/03

OPIATE WITHDRAWAL CHART TIME TEMP TEMP BP 41° 240 410 TEMP -40° 40° 230 39° 39° 220 38° 210 38° 37° 37° 200 36° 190 36° ВP 35° 35° 180 34° 34° 170 33° 33° 160 150 PR **PULSE RATE 140** 130 130 130 120 120 120 110 110 110 100 100 100 90 90 90 80 80 80 PULSE RATE -70 70 70 60 60 60 50 50 50 40 40 40 RESP RATE SaO₂ % Nausea, 0 - nil vomiting &/or diarrhoea 1 - present Agitation, 0 - nil Restlessness &/or trembling 1 - present Muscle &/or abdominal 0 - nil cramps 1 - present Headache, 0 - nil runny nose 1 - present &/or runny eyes 0 - nil Heart Pounding 1 - present Sweating &/or |0 - nil pallor 1 - present **TOTAL** * Symptoms of OPIATE withdrawal can peak at day 3 DIAZEPAM Dose **CLONIDINE** Dose BUSCOPAN Dose

NB: YOU MUST RECORD ALL MEDICATION DETAILS ON BOTH THIS FORM AND ON THE MEDICATION CHART

	SCORE 0	Observations 4 hourly (No medication required)	
Ö	1	Observations 4 hourly - Consider diazepam 5 to 10 mg	
l Ē	2, 3	Observations 4 hourly - Consider diazepam 10 mg	
A A	4, 5	Observations 2 hourly - Consider commencing clonidine in addition to diazepam	
	6	Observations 2 hourly - Consider increasing clonidine and diazepam	

Consider using Buscopan 10 mg BD for abdominal cramps