# WA Eating Disorders Outreach & Consultation Service (WAEDOCS)

# Eating disorders are everyone's business

#### **About Us**

WAEDOCS is a state-wide service that aims to ensure youth and adults in WA with an eating disorder can access optimal best practice care. This will be facilitated through up-skilling and inspiring professionals in the provision of evidence-based high quality eating disorders care. We are a multi-disciplinary team comprising a nurse practitioner, consultant clinical psychologist, consultant liaison psychiatrist, specialist physician, senior dietitian, clinical nurse specialist (mental health) and peer support worker.

### What we provide

- Consultation liaison, clinician mentoring and support to help you manage your patient(s)
- Clinician training and education.

#### What we are unable to provide

- Case management or governance for the patient
- Treatment and/or support to patients and/or significant others
- Inpatient beds: there are currently no public specialist eating disorders inpatient beds in WA

#### Referrals

WAEDOCS accepts referrals from clinicians caring for people with eating disorders throughout WA. This includes, but is not limited to, Emergency Departments, Medical Wards, Mental Health Units, Hospital in the Home (HiTH) teams, General Practitioners and Community Health and Mental Health Services from the public, private and community managed sectors. To refer, telephone us or complete our referral form (see contact details below).

#### Training and Education

WAEDOCS can be contacted for training and education in regards to clinical guidelines, resources and consultation. Telephone us or complete our training request form (see contact details below).

## Hours of Operation and Contact Details

Monday to Friday 9.00am to 4.00pm Telephone 1300 620 208

Email: WAEDOCS@health.wa.gov.au for general advice and training / education or

Email: WAEDOCS.Referrals@health.wa.gov.au for sending referral forms

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Ground Floor, D block, Sir Charles Gairdner Hospital, Hospital Avenue, Nedlands, WA 6009

Please note: WAEDOCS services can be accessed using Telehealth technology