



Online Resources- Eating Disorders

Information for People with Eating Disorders and their Families

- www.eatingdisordersinfo.org.au

Resources for the prevention and management of eating disorders, with links to the National Eating Disorders Collaboration (NEDC) website and the Butterfly Foundation Helpline.

- www.howfaristooofar.org.au

Relates to the risk factors and warning signs related to eating, exercise and body image.

- www.feast-ed.org

Provides families with information and mutual support via forums, events and information.

- www.feedyourinstinct.com.au

An interactive tool designed to support parents of children and young people experiencing different types of eating and/or body image problems

- www.helpingminds.org.au

Mental health services and carer support, with links to a Family Helpline.

Specialised Support Services

- www.cci.health.wa.gov.au

A clinical service for adults suffering from eating disorders and features online self-help modules.

- www.whfs.org.au/services/bep

Guided self-help programs for adults with Anorexia, Bulimia or Binge Eating Disorder and their families; service referral directory and body image workshops available.

- www.psychology.uwa.edu.au/community/uwa-eating-disorders-service

Private, outpatient treatment service for adolescents and adults with eating and weight disorders

- www.pmh.health.wa.gov.au

Specialised multidisciplinary team for the assessment and treatment of children and adolescents

- www.hollywoodclinic.com.au

Private eating disorder treatment centre.

Developed by the Western Australian Eating Disorders Outreach and Consultation Service