**BELOW KNEE BACKSLAB & U-SLAB**

- ankle dislocations, undisplaced Weber B ankle #s
- tarsal bone #s/ dislocations, Lis-Franc injury

**POSITION**

- patient is prone or supine
  - ankle flexed 90°
- 3 layers of padding, extending from MT heads to just below knee

**PLASTER**

- pre-measure all slabs on uninjured limb and trim corners so that they are rounded
- **BACK-SLAB**: 8 layers of 15cm plaster extending from MT heads to just below knee. folds at ankle cut and smoothed over. apply 1 layer HAFTAN and mould
- **U-SLAB**: 8 layers of 10cm plaster extending to the same level as back slab. plaster should not encircle limb. apply 1 layer HAFTAN, reduce & mould
- apply CREPE when dry

**POSITION**

- elevate on pillow

**DISPOSITION**

- only un-displaced Weber B with NO medial malleolus tenderness are candidates for discharge after review by ortho reg.
- ensure that elderly patients who need crutches are assessed by ECCT before going home

**ALL POTENTIALLY UNSTABLE FRACTURES REQUIRE X-RAYS AFTER PLASTERING EVEN IF NO ATTEMPT AT MANIPULATION WAS MADE. THIS X-RAY MUST BE REVIEWED BY AN ED CONSULTANT OR ORTHO REG BEFORE THE PATIENT LEAVES THE DEPARTMENT**