

ABOVE KNEE BACKSLAB & U-SLAB

all unstable mid-shaft tibial #s,
bi-malleolar and tri-malleolar ankle #s and Maisonneuve #

POSITION

- patient is supine
- 3 layers of padding, extend from MT heads to half way up thigh
- ankle should be at 90°
- knee should be at 30°

PLASTER

- pre-measure all slabs on uninjured leg and trim all corners so that they are rounded
- **BK BACK-SLAB:** 8 layers of 15cm plaster from MT head to just below knee. wrap in 1 layer HAFTAN, mould and allow to dry
- **U-SLAB-** 8 layers of 10cm plaster best done in 2 pieces (medial & lateral) extending from heel to mid-thigh. folds at knee cut out and smoothed over. wrap in 1 layer HAFTAN and mould
- **AK BACK-SLAB** 6 layers of 15cm plaster from heel to level of mid-thigh. wrap in 1 layer HAFTAN
- wrap in crepe when dry

POSITION

- elevate calf on pillow

DISPOSITION

- ADMIT
- neurovascular obs for tibial #s as risk of compartment syndrome



ALL POTENTIALLY UNSTABLE FRACTURES REQUIRE X-RAYS AFTER PLASTERING EVEN IF NO ATTEMPT AT MANIPULATION WAS MADE. THIS X-RAY MUST BE REVIEWED BY AN ED CONSULTANT OR ORTHO REG BEFORE THE PATIENT LEAVES THE DEPARTMENT