

# CHARNLEY SLAB

Colles # (reduced/ undisplaced/ minimally displaced)

## WRIST POSITION

- full pronation
- full ulnar deviation
- slight palmar flexion
- apply padding with 50% overlap so that there are 2 layers between skin and plaster (extend to the palmar crease and the MCPs distally, as far as possible proximally without impinging elbow flexion)



## PLASTER POSITION

- 6-8 layers 15cm plaster cut to template. Apply as shown (plastic model shown here)
- encircle with crepe



## SLING POSITION

- keep # above level of heart
- keep sling on until swelling has gone down
- refer to fracture clinic

further information McCrae's 'Practical management of fracture management'



please have your plaster reviewed by the consultant (or senior night registrar)