

# E-ECHO

## Level 1 Emergency Echo

A limited echocardiographic study  
To confirm or exclude several causes of cardiovascular instability  
including tamponade, massive PE, hypovolaemia, and LV systolic failure  
It does not assess for all cardiac pathology and makes no attempt to  
evaluate for aortic dissection, ischemia or valvular dysfunction

### PATIENT DETAILS

History \_\_\_\_\_ Temp \_\_\_\_\_ Pulse \_\_\_\_\_ BP \_\_\_\_\_ Sats \_\_\_\_\_

Pre Study Differential Diagnoses \_\_\_\_\_

Standard Views	Key Questions	Tamponade	Massive PE	Hypovolaemia	Vasodilation	LV Systolic Failure	Notes												
	<b>1 PERICARDIAL EFFUSION</b> Is there a pericardial effusion?	<b>Yes</b>	<b>No</b>	<b>No</b>	<b>No</b>	<b>No</b>	<b>Tamponade</b> It is a clinical diagnosis First RA systolic collapse Then RV diastolic collapse Dilated non-collapsing IVC												
	<b>2 RIGHT VENTRICLE</b> Is the right ventricle normal?	<b>May be Collapsing</b>	<b>Big and Round</b>	<b>N</b>	<b>N</b>	<b>N</b>	<b>Massive Pulmonary Embolism</b> Big, round poorly contracting RV RV apex often normal or hyperdynamic Flattened septum (D-shaped LV in PSSX) Normal echo does not exclude PE Consider RV infarct (clinical / ECG) Consider chronic pulm hypertension (RV free wall thickness > 5 mm)												
	<b>3 CVP</b> What is the central venous pressure?	<b>↑</b>	<b>↑</b>	<b>↓</b>	<b>↓ if underfilled</b> <b>N if well filled</b>	<b>N to ↑</b>	<table border="1"> <thead> <tr> <th>Right Atrial Pressure</th> <th>IVC Size (mm)</th> <th>Inspiratory Collapse</th> </tr> </thead> <tbody> <tr> <td>↑</td> <td>&gt;25 mm</td> <td>&lt; 50 %</td> </tr> <tr> <td>Normal</td> <td>15-25 mm</td> <td>Variable</td> </tr> <tr> <td>↓</td> <td>&lt; 15 mm</td> <td>&gt; 50 %</td> </tr> </tbody> </table>	Right Atrial Pressure	IVC Size (mm)	Inspiratory Collapse	↑	>25 mm	< 50 %	Normal	15-25 mm	Variable	↓	< 15 mm	> 50 %
Right Atrial Pressure	IVC Size (mm)	Inspiratory Collapse																	
↑	>25 mm	< 50 %																	
Normal	15-25 mm	Variable																	
↓	< 15 mm	> 50 %																	
	<b>4 LV DIASTOLIC SIZE</b> What is the left ventricular size?	<b>N</b>	<b>↓ to N</b>	<b>↓</b>	<b>↓ if underfilled</b> <b>N if well filled</b>	<b>N to ↑</b>	<table border="1"> <thead> <tr> <th>Ventricular Size</th> <th>LVEDd LV End Diastolic diameter (cm)</th> </tr> </thead> <tbody> <tr> <td>↑</td> <td>&gt; 5.6 cm</td> </tr> <tr> <td>Normal</td> <td>3 – 5.6 cm</td> </tr> <tr> <td>↓</td> <td>&lt; 3 cm</td> </tr> </tbody> </table>	Ventricular Size	LVEDd LV End Diastolic diameter (cm)	↑	> 5.6 cm	Normal	3 – 5.6 cm	↓	< 3 cm				
Ventricular Size	LVEDd LV End Diastolic diameter (cm)																		
↑	> 5.6 cm																		
Normal	3 – 5.6 cm																		
↓	< 3 cm																		
	<b>5 LV SYSTOLIC FUNCTION</b> What is the left ventricular systolic function?	<b>N</b>	<b>N to ↑</b>	<b>↑</b>	<b>↑</b>	<b>↓</b>	<table border="1"> <thead> <tr> <th>LV Systolic Function</th> <th>FS Fractional Shortening</th> <th>EF Ejection Fraction</th> </tr> </thead> <tbody> <tr> <td>↑</td> <td>&gt; 44 %</td> <td>&gt; 65 %</td> </tr> <tr> <td>Normal</td> <td>28 – 44 %</td> <td>50 – 65 %</td> </tr> <tr> <td>↓</td> <td>&lt; 28 %</td> <td>&lt; 50 %</td> </tr> </tbody> </table>	LV Systolic Function	FS Fractional Shortening	EF Ejection Fraction	↑	> 44 %	> 65 %	Normal	28 – 44 %	50 – 65 %	↓	< 28 %	< 50 %
LV Systolic Function	FS Fractional Shortening	EF Ejection Fraction																	
↑	> 44 %	> 65 %																	
Normal	28 – 44 %	50 – 65 %																	
↓	< 28 %	< 50 %																	

**Conclusions** *NOTE: E-ECHO findings must be consistent with clinical suspicion; integrate history, examination, investigations, E-ECHO findings to reach a conclusion. Seek urgent formal echo if uncertainty remains*

Clinician: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_